

# Kite Academy Trust

## Family Support Worker

### Come & Ask session

Do you need help with sleep routines or fussy eaters? Is your child showing signs of anxiety or challenging behaviour? Is there a specific area around home life and meeting your child's needs you would like some support with? Maybe you just need reassurance that you are doing the best for your child. This is the perfect opportunity to have an informal conversation with a Family Support Worker from our Trust.

#### **Come & Ask sessions**

Our Kite Family Support Workers will be holding Come & Ask sessions fortnightly during the Spring term. One-hour appointments are available every other Thursday morning between 9:00am and 1:30pm. During the Come & Ask session, you will have the opportunity to share what the concern is, discuss it and look at ways to address the situation.

All appointments can be booked via Eventbrite using the link below.



#### **Family Hub**

- Thursday 4th January 2024
- Thursday 18th January 2024
- Thursday 1st February 2024
- Thursday 22nd February 2024
- Thursday 7th March 2024
- Thursday 21st March 2024

**These appointments can be held virtually through Microsoft Teams\*, by telephone or face to face.**

(\*You do not require a Microsoft account to be able to access this.)

**Booking Link : <https://KFHComeandAsk.eventbrite.co.uk>**

**The Kite Family Hub is located next to Mytchett Primary & Nursery Academy, Hamesmoor Road, Mytchett, GU16 6JB**